



**Northern Vermont University -  
Johnson Upward Bound**

**Grade 10  
Student Portfolio**

# NEW STUDENT ORIENTATION SUMMER PORTFOLIO CHECKLIST

Student Name: \_\_\_\_\_ Review Date: \_\_\_\_\_ Reviewer Name: \_\_\_\_\_

SUMMER TEAM 1 - PORTFOLIO ARTIFACTS	Completed		Needs Revisions
	Yes	No	
High School Transcript for 9 <sup>th</sup> Grade			
Course List for 10 <sup>th</sup> Grade			
Student Activity/Award Log for 9 <sup>th</sup> Grade			
Virtual Job Shadow Career Cluster Interest Survey (CCIS)			
Virtual Job Shadow O'Net Work Importance Locator (O'Net IP)			
Virtual Job Shadow Career O'Net Work Importance Locator (O'Net WIL)			
LASSI-HS Learning Style Inventory			
Discovery Wheel Inventory			
Myers-Briggs Inventory & Reflection			
Leadership Trip Journal & SMART Goals			
College Visit Notes			
UB Personal Learning Plan			
UB Passwords & Websites			
Sophomore College Vocabulary Pre & Post Test			
Summer New Student Orientation Goals Essay			
Signed UB Academic Year Expectations Contract (10 <sup>th</sup> Grade)			
State Proficiency Exam Reports (Math/Reading Language) 9 <sup>th</sup> Grade			

TEAM 1 - GRADE 10 PORTFOLIO ARTIFACTS	Completed		Needs Revisions
	Yes	No	
Your College Now & Then Worksheet			
Three Careers I Want to Explore/ Job Description Worksheet			
Values Auction Worksheet			
Academic Year Quarter SMART Goals			
College Visit Notes (updated)			
10 Essential College Search Questions (Due for Summer Program)			
Sophomore Summit (Certificate of Participation)			
Other Activity/Events (Certificates of Participation)			

**2019 – 2020**  
**SOPHOMORE YEAR**  
**UB EXPECTATIONS CONTRACT**

The following are expectations for your participation in Upward Bound during the academic school year. Please note that the big Five UB guidelines from the summer program remain in effect throughout the academic year programming as well. By signing below, you indicate that you will make every attempt to meet these expectations. Failure to meet any of these expectations may result in probation or dismissal from the program. Until that time, we expect that you will:

- Attend school on a regular basis and remain in **GOOD** academic standing. All students must also be enrolled in at least 2 college preparation classes each quarter.
- Demonstrate a consistently good effort in all of your classes. Specifically, you agree that if you are not achieving at a proficient level or above in any class during a marking period you will complete UB weekly monitoring forms until you reach a level of proficiently or better as evidenced by your next progress report.
- Attend & participate in center meetings as scheduled at your school. ***Students who fail to attend at least 75% of scheduled center meetings for the academic year will not be guaranteed a slot in the 2020 summer program.***
- If you cannot attend a meeting it is your responsibility to contact your ISC and set up a time to meet individually. Any student who fails to keep in regular contact with their ISC & center will be placed on program probation or may be asked to leave the program. In addition, any student who is employed after school should make arrangements to begin work after your center meeting.
- Attend all Saturday College Meetings and complete all related assignments.
- Complete Quarterly Goal Sheets and Personal Learning Plans
- Create and actively maintain a Dollars for Scholars scholarship profile at <https://nvujupwardbound.dollarsforscholars.org>
- Assist in planning, coordination, and participation of community service events.
- Regularly check your Upward Bound vttrio.org email account.
- Seek help from your ISC and the UB office staff as soon as the need arises.
- 

**In Return, You Can Expect from Upward Bound**

- Opportunity to develop new leadership skills & attend student conferences & workshops.
- Opportunity to participate in year round cultural, educational, and social activities.
- Opportunity to participate in college tours as scheduled by Upward Bound.
- Opportunity for participation in service learning activities.
- Opportunity to earn a stipend award at the end of each quarter during the academic year.
- Opportunity to earn up to \$100 stipend during the 2020 summer program.
- Opportunity to earn High School PE and Service Learning credits for participation in UB sponsored events and programming.
- Opportunity to enroll in dual-enrollment classes during the UB Summer 2020 program.

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**STUDENT SIGNATURE**

**DATE**

# NVU-Johnson Upward Bound

## Upward Bound – Login & Password Organizer

Student Name: \_\_\_\_\_

Organization/Website	Used For	User ID	Password	Last Updated
<b>NVUJ Dollars for Scholars</b> <a href="http://www.NVUJUpwardBound.DollarsforScholars.org">www.NVUJUpwardBound.DollarsforScholars.org</a>	✓ NVUJ UB Assignments D4S & Fastweb Scholarship Search			
<b>Northern Vermont University</b> <a href="http://www.northernvermont.edu">www.northernvermont.edu</a>	✓ NVU-Johnson Account			
<b>Virtual Job Shadow</b> <a href="https://www.virtualjobshadow.com/">https://www.virtualjobshadow.com/</a>	✓ Career Search ✓ College Search			
<b>College Board</b> <a href="http://www.collegeboard.org">www.collegeboard.org</a> <a href="https://profileonline.collegeboard.org">https://profileonline.collegeboard.org</a> <a href="https://bigfuture.collegeboard.org">https://bigfuture.collegeboard.org</a>	✓ Register for SAT ✓ Send SAT Scores to Colleges ✓ Complete CSS Profile ✓ College Search/Big Future			
<b>ACT</b> <a href="http://www.actstudent.org">www.actstudent.org</a>	✓ ACT Registration			
<b>College Navigator</b> <a href="http://nces.ed.gov/collegenavigator/">http://nces.ed.gov/collegenavigator/</a>	✓ College Search			
<b>The Common Application</b> <a href="http://www.commonapp.org">www.commonapp.org</a>	✓ Common Application			
<b>My Major</b> <a href="http://www.myMajors.com">www.myMajors.com</a>	✓ College Search			
<b>Free Application for Federal Student Aid</b> <a href="http://www.fafsa.ed.gov">www.fafsa.ed.gov</a> <b>FSA ID</b> <a href="https://studentaid.ed.gov/sa/fafsa/filling-out/fsaid">https://studentaid.ed.gov/sa/fafsa/filling-out/fsaid</a>	✓ Submit Federal Financial Aid Application (FAFSA)			
	✓ Serves as your Digital Signature for the FAFSA Application ✓ Student & Parent FSA ID Number			
<b>Vermont Student Assistance Corporation</b> <a href="http://www.vsac.org">www.vsac.org</a>	✓ Apply for Vermont Grant ✓ Financial Aid Information			
<b>Stephen Phillips Memorial Scholarship</b> <a href="https://phillips-scholarship.org/">https://phillips-scholarship.org/</a>	✓ Apply for Stephen Phillips Scholarship			

Please remember to use your Upward Bound issued vttrio.org email account for all your college-related activities. You should also be checking this same email to access all your UB assignments, notifications and google document folders. Remember to keep this email appropriate as you will be using this account to relay important information to your future college. As you go through the college application process you should check this account on a regular basis as most college will almost exclusively communicate with you using this email account!

Your vttrio.org Email: \_\_\_\_\_

# Northern Vermont University - Johnson

## 2019-20 UB Program Activity Checklist

Student's Name:

Target High School:

Team	Month	Program Activity/Description	Type of Activity	Documentation UB Portfolio
All	September - June	Academic Year Center Meetings	College Planning	UB Stipend
All	September	NEACAC College Fair & Dinner at St. Michaels College	College Planning	Sign-in Sheet
All	September	New England Student Leadership Conference	Leadership	Certificate
All	October	<b>Saturday College Meeting</b>	College Planning	UB Stipend
3	October	UB/VSAC Financial Aid Workshop	Financial Aid	FAFSA/VSAC Application
All	October	College Tour at VTC Haunted High School	College Tour Cultural Activity	College Fact Sheet
All	October	Sophomore Summit at UVM	College Planning	Certificate
1	October	Theatre Night & Dinner at Flynn	Cultural Activity	Certificate
All	October/November	Fall Community Service Projects	Service Learning	Certificate
All	November	<b>Saturday College Meeting</b>	College Planning	Stipend Award
All	November	Scientist for a Day (Dartmouth College)	STEM/Leadership	Certificate
All	December	College Tour & Theater Night	College Planning Cultural Activity	College Fact Sheet Certificate
All	December	<b>Saturday College Meeting</b>	College Planning	Stipend
All	January	<b>Saturday College Meeting</b>	College Planning	Stipend
STEM	February	Magic of STEM Trip Week	STEM/Leadership	Stipend
2	February	Junior Retreat in Mass	College Planning College Tour	Certificate

# Northern Vermont University - Johnson

## 2019-20 UB Program Activity Checklist

Student's Name:

Target High School:

Team	Month	Program Activity/Description	Type of Activity	Documentation UB Portfolio
All	March	Green Mountain Scholars Bowl at Plattsburgh University	College Tour Leadership	College Fact Sheet Certificate
All	March	<b>Saturday College Meeting</b>	College Planning	Stipend Award
3	March	TRIO Day at Statehouse	Leadership	Certificate
All	April	JFK Leadership Conference (Boston, MA)	Leadership	Certificate
All	April	UB Youth Empowerment Summit at Plattsburgh University	Leadership	Certificate
1 & 2	May	<b>Saturday College Meeting</b>	College Planning	Stipend Award
3	May	Parent/Senior Celebration Night	College Planning	Certificate
New	June, 21 -26	New Student Orientation Week	College Planning	Final Reports
All	June 28 - July 2	Summer Leadership Experience Week Portland, Maine	College Tours, College Planning & Cultural Events	College Fact Sheets Journals, & Worksheets
2/3	July 5 – July 31	Academic/Residential Summer Program	College Planning	Summer Stipend Final Reports
2/3		Dual Enrollment Class	College Preparation	College Transcript
2/3		STEM Enrichment Class	<b>STEM Programming</b>	Certificate
2/3		SAT Preparation Class	College Preparation	Final Report
3		Summer Internship	Career Exploration	Certificate
All		College Portfolio Project	College Planning	Portfolio
2/3		Summer Service Projects	Service Learning	Certificate
2/3		Community Office/Student Council Member	Leadership	Final Report
3		Senior/Parent Portfolio Exit Interview	College Planning	Exit Form
3		Senior/Parent Meeting	Financial Aid	Portfolio Worksheet

## Campus Visit Notes

College Name: \_\_\_\_\_

Student Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Please describe the 3 most important things admissions is looking for in an applicant.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Where does the SAT/ACT rank in importance? \_\_\_\_\_

Average SAT Scores: Evidence-Based Reading/Writing: \_\_\_\_\_ Math: \_\_\_\_\_ Total: \_\_\_\_\_

Average ACT Composite Scores: \_\_\_\_\_

Total Enrollment: \_\_\_\_\_ Cost of Attendance: \$ \_\_\_\_\_ Out-of-State: \$ \_\_\_\_\_

What is the percent of students that return for their sophomore year (retention rate)? \_\_\_\_\_%

What is the 4-year graduation rate? \_\_\_\_\_% Rate for first-generation students? \_\_\_\_\_%

Students receiving financial aid: \_\_\_\_\_% Average loan debt students graduate with? \$ \_\_\_\_\_

Student-to-teacher Ratio: \_\_\_\_\_ Average class size: \_\_\_\_\_

Do you offer a first-year advising center or program? \_\_\_\_\_

Who is responsible for advising students after their first year? \_\_\_\_\_

Does the college offer Student Support Services or tutoring? Y \_\_\_\_\_ N \_\_\_\_\_

Is this program funded by Trio? Y \_\_\_\_\_ N \_\_\_\_\_

Do graduate students teach lower level courses? Do full professors teach lower level classes?

\_\_\_\_\_

How accessible are professors outside of class?

\_\_\_\_\_

Does the college have a relationship with the local community? (give examples)

\_\_\_\_\_

Are freshmen allowed to bring cars on campus? Y \_\_\_\_\_ N \_\_\_\_\_

Where do they park? \_\_\_\_\_ How much does parking cost? \_\_\_\_\_

What type of meal plans are offered? \_\_\_\_\_

\_\_\_\_\_

What is campus security like? Are there safety escorts or shuttle services offered at night?

\_\_\_\_\_

Things I like most about this college:

1.
2.

Things I do not like about this college:

1.
2.

Academic Programs I am interested in:

Extracurricular programs I am interested in:

Please rank the college using the following scale:

1 = Poor, 5 = Average, 10 = Excellent

Campus Setting & Location

1 2 3 4 5 6 7 8 9 10

Academic Programs & Majors Offered

1 2 3 4 5 6 7 8 9 10

Extracurricular Activities & Clubs

1 2 3 4 5 6 7 8 9 10

Affordability & Overall Value

1 2 3 4 5 6 7 8 9 10

Overall Impression

1 2 3 4 5 6 7 8 9 10



**Northern Vermont University - Johnson**  
**Upward Bound College Tour Activity Log**

Student's Name:  
Target High School:

Date of Campus Visit	UB Campus Visit Form Completed	College Name & Tours Attended

## Northern Vermont University - Johnson Upward Bound Service Learning Activity Log

Student's Name:

Target High School:

[illegible]

# *Upward Bound Personal Learning Plan*

	Champlain College	Northern Vermont University	University of Vermont	Middlebury College
<b>Recommended Units</b>	20 Units	14 Units	14 Units	18 Units
<b>ENGLISH</b>	4 Units	4 Units	4 Units	4 Units
<b>MATH</b>	3 Units	3-4 Units Algebra 2 required	3 Units Algebra 2 required	4 Units Algebra 2 required
<b>HISTORY</b>	4 Units	2 Units	3 Units	3 Units
<b>SCIENCE</b>	3 Units (3 Laboratory)	2-3 Units (1 Laboratory)	2 Units (1 Laboratory)	3 Units (3 Laboratory)
<b>FOREIGN LANGUAGE</b>	2 Units	1 Units	2 Units	4 Units
<b>ELECTIVES</b>	4 Units	-	-	-
<b>FINE ARTS</b>	-	-	Recommended	Recommended
<b>Average SAT</b> Reading & Writing Math Total	560-670 530-630 1100-1310	490-600 470-570 960-1180	610-700 570-670 1180-1370	690-760 670-780 1360-1540
<b>Freshman Class Profile</b>	15% top tenth of class 40% top quarter of class 70% GPA 3.0 or Higher 3.23 Avg. HS GPA	4% top tenth of class 14% top quarter of class	33% top tenth of class 74% top quarter of class	82% top tenth of class 97% top quarter of class
<b>2019-20 Cost</b> <b>Tuition/Fees</b> <b>Room &amp; Board</b> <b>Books &amp; Supplies</b>	<b>\$57,594</b> \$41,728 \$15,466 \$ 1,000	<b>\$23,276</b> \$11,256 \$11,020 \$1,000	<b>\$31,968</b> \$18,276 \$12,492 \$1,200	<b>\$72,822</b> \$55,790 \$16,032 \$1,000

# Upward Bound Personal Learning Plan

Student Name: \_\_\_\_\_ School Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Class of: \_\_\_\_\_

Upward Bound Required Subject Areas	Grade 9	Credits	Grade 10	Credits	Grade 11	Credits	Grade 12	Credits
Math Minimum through Algebra 2								
Science <i>Minimum</i> of 3 2 Lab Science								
Social Studies								
Foreign Language <i>Minimum</i> of 2 years in same language								
English 4 Years College Prep								
Physical Education <i>Minimum</i> of 1.5 years								
Electives								
Total Credits								

# UB Quarterly SMART Goals

Name: \_\_\_\_\_ School: \_\_\_\_\_ Quarter: 1 2 3 4

COLLEGE  
READINESS

EFFECTIVE  
COMMUNICATOR

GROUP/COMMUNITY  
CONTRIBUTOR

RESPONSIBLE/ENGAGED  
CITIZENSHIP

## OVERVIEW

Each student should complete a total of TWO goals. One PERSONAL goal and one ACADEMIC goal that you would like to work towards this quarter. Above you will find some topics to help you brainstorm your goal.

## Your PERSONAL Goal

Specific	What specific thing am I trying to achieve?	SMART GOAL FORMULA (Fill in the blanks): To <u>DO What</u> so that <u>What</u> will <u>increase/decrease</u> by <u>completion date</u> as measured by <u>What Data</u>
Measurable	How will I know when I have reached my goal?	To _____ so that _____
Attainable	Is my goal realistic? Do I have the resources I need to achieve it?	_____ will _____ by _____
Relevant	Why is this important to support my goal of attending college immediately following my high school graduation?	as measured by _____
Timeline	When does this goal start and end?	Support Person(s) Resources Available to help you achieve your goal (s):

In order to accomplish this, I will:

Potential Challenges	Action Steps/Benchmarks
1.	1.
2.	2.
3.	3.

## Your ACADEMIC Goal

<b>S</b> pecific	What specific thing am I trying to achieve?	<b>SMART GOAL FORMULA</b>  (Fill in the blanks): To <u>DO What</u> so that <u>What</u> will <u>increase/decrease by completion date</u> as measured by <u>What Data</u>
<b>M</b> easurable	How will I know when I have reached my goal?	To _____  so that _____
<b>A</b> ttainable	Is my goal realistic? Do I have the resources I need to achieve it?	_____ will _____  by _____
<b>R</b> elevant	Why is this important to support my goal of attending college immediately following my high school graduation?	as measured by _____
<b>T</b> imeline	When does this goal start and end?	Support Person(s) Resources Available to help you achieve your goal (s):

In order to accomplish this, I will:

Potential Challenges	Action Steps/Benchmarks
1.	1.
2.	2.
3.	3.

What were your last quarterly goals? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Did you reach those goals? Why or why not? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Peer reviewed by: \_\_\_\_\_

Comments: \_\_\_\_\_  
 \_\_\_\_\_

**Upward Bound Student Activity Log**  
**Northern Vermont University – Johnson**  
**Student Name: EXAMPLE**

<b>Grade</b>	<b>UB Based Activities/Awards</b>	<b>School Based Activities/Awards</b>	<b>School Based Clubs/Organizations Sports/Drama/Music</b>	<b>Community Based Clubs/Groups</b>
<b>12<sup>th</sup> Grade</b>	<ul style="list-style-type: none"> <li>• Team 3 Summer 2019 Program Participant</li> <li>• JFK Leadership Conference</li> <li>• Dual Enrollment – College Writing</li> <li>• Green Mountain Scholars Bowl</li> <li>• TRIO is Working Day</li> <li>• 14 Hours (Service Learning)</li> </ul>	<ul style="list-style-type: none"> <li>• Honor Roll – All Year</li> <li>• Soccer Award</li> <li>• Class Secretary</li> <li>• Sr. Trip Committee</li> <li>• All State Music</li> </ul>	<ul style="list-style-type: none"> <li>• Varsity Soccer – Captain</li> <li>• Fall School Musical</li> <li>• Spring One Act Play</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Road Side Clean Up –Spring &amp; Fall</li> <li>• Church Greeter</li> <li>• Relay for Life</li> <li>• 4-H</li> </ul>
<b>11<sup>th</sup> Grade</b>	<ul style="list-style-type: none"> <li>• Team 2 Summer 2018 Program Participant</li> <li>• Team 2 Speaker</li> <li>• Dual Enrollment – PSY</li> <li>• New England Student Leadership Conference</li> <li>• Junior Retreat</li> <li>• Youth Empowerment Summit Participant</li> <li>• 14 Hours of Service (Warm the Children)</li> </ul>	<ul style="list-style-type: none"> <li>• Honor Roll – Quarter 1,2 &amp; 4</li> <li>• National Honors Society</li> <li>• Green Pen Award</li> <li>• Junior Leadership Award</li> <li>• Prom Committee</li> <li>• Student of the Month</li> <li>• FFA Award</li> </ul>	<ul style="list-style-type: none"> <li>• Varsity Soccer</li> <li>• Fall School Musical –Stage Crew</li> <li>• Future Farmers of America</li> <li>• Treasurer – Student Council</li> <li>• Ski Club</li> </ul>	<ul style="list-style-type: none"> <li>• Summer Soccer League</li> <li>• Saint Joe’s Choir</li> <li>• Girl Scout Troup 14</li> </ul>
<b>10<sup>th</sup> Grade</b>	<ul style="list-style-type: none"> <li>• Summer Program New Student Orientation Participant</li> <li>• Sophomore Summit at UVM</li> <li>• Ropes Course</li> </ul>	<ul style="list-style-type: none"> <li>• Honor Roll – All Year</li> <li>• HOBY Leadership Participant</li> </ul>	<ul style="list-style-type: none"> <li>• JV Soccer</li> <li>• JV Volleyball</li> <li>• JV Softball</li> <li>• Future Farmers of America</li> </ul>	<ul style="list-style-type: none"> <li>• Saint Joe’s Choir</li> <li>• Girl Scout Troup 14</li> </ul>
<b>9<sup>th</sup> Grade</b>	<ul style="list-style-type: none"> <li>• Enrolled into Upward Bound</li> </ul>	<ul style="list-style-type: none"> <li>• Honor Roll Quarter 1 &amp; 3</li> </ul>	<ul style="list-style-type: none"> <li>• Chess Club</li> <li>• JV Softball</li> </ul>	<ul style="list-style-type: none"> <li>• Girl Scout Troup 14</li> </ul>

**Upward Bound Student Activity Log**  
**Northern Vermont University – Johnson**  
**Student Name:**

<b>Grade</b>	<b>UB Based Activities/Awards</b>	<b>School Based Activities/Awards</b>	<b>School Based Clubs/Organizations Sports/Drama/Music</b>	<b>Community Based Clubs/Groups</b>
<b>12<sup>th</sup> Grade</b>				
<b>11<sup>th</sup> Grade</b>				
<b>10<sup>th</sup> Grade</b>				
<b>9<sup>th</sup> Grade</b>				



## Your College Application: Now and Then Worksheet

**Student Name:**

**Instructions:** Please fill out the information on the left based on what you have accomplished to date, as you are **NOW** and as if you were applying to college today. Now think about what you want to accomplish over the next two years in high school and how you can strengthen your college application. Reflect on this and fill in the information on the right as you want to be by your senior year. Compare the two sides. In the last column fill out what do you need to do now to get where you want to be tomorrow?

	NOW	Senior Year - THEN	What I Need to Do
<b>Proficiency Scores</b>			
<b>Academic Honors/Awards</b>			
<b>Class Rank</b> Where do you stand in relationship to your peers? Where do you want to be when you graduate? Top 10%, Top 25%...			
<b>PSAT/SAT/ACT Exam Scores</b> What steps can you take now to ensure you score where you want to be on these standardized tests in the future?			
<b>Activities/Clubs</b> Extracurricular, personal, volunteer, school. Do you plan to pursue any of these interests in college? Please include UB!			

## Your College Application: Now and Then Worksheet Page 2

<p style="text-align: center;"><b>Sports:</b></p> <p>What sports do you play now? Do you want to play varsity or intramural sports in college?</p>			
<p style="text-align: center;"><b>Arts/Music/Theater:</b></p> <p>Do you want to continue to study the arts in college? What does your portfolio include?</p>			
<p style="text-align: center;"><b>Work Experience</b></p> <p>What jobs experience might help you learn about future majors or careers?</p>			
<p style="text-align: center;"><b>Leadership</b></p> <p>What leadership roles have you taken on in the activities you are involved in? What leadership conferences/experiences do you hope to be selected to participate in?</p>			

## DECODING - The College Profile

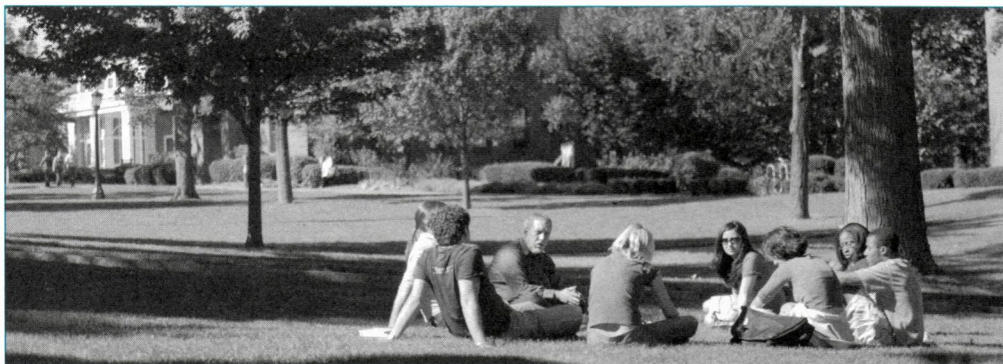
Name: \_\_\_\_\_

*Use the attached college profiles to practice gathering information and researching colleges and universities. Please answer the following questions.*

1. What percent of first year students come back for their sophomore year at Trinity College? \_\_\_\_\_
2. What percent of the student body is Hispanic/Latino at Holy Names University? \_\_\_\_\_
3. Does California Institute of Technology offer a pre-orientation program for its incoming students? Explain.  
\_\_\_\_\_  
\_\_\_\_\_
4. Find three colleges with six-year graduation rates above 80%:  
\_\_\_\_\_  
\_\_\_\_\_
5. What is the program category for the MORE program at Emory? \_\_\_\_\_
6. What is the percentage of students receiving federal loans at Central Connecticut University?
7. Name three colleges where the cost is less than \$10,000 for a family with income of \$0-30,000:  
\_\_\_\_\_  
\_\_\_\_\_
8. What are the Reed College's most popular academic programs?  
\_\_\_\_\_  
\_\_\_\_\_
9. What is the web address to calculate your personal net price at Sarah Lawrence? \_\_\_\_\_
10. Find a school that you are interested in applying to. Explain three reasons you are interested based on the information given in the school profile.
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_



# Tufts University



Tufts University is a world-class research institution with an emphasis on the interdisciplinary, offering undergraduate degrees in liberal arts, engineering, and fine arts. As a mid-size university, Tufts offers the chance to join a close-knit community that supports students' desires to take intellectual risks and challenge conventional wisdom, all in a beautiful campus setting just five miles from downtown Boston, one of America's most exciting cities.

## > Open House, Fly-In, Visit **Voices of Tufts Diversity Experiences**

The Voices of Tufts Diversity Experiences are two overnight programs designed to expose high school seniors to the diversity within the Tufts community. The two-day programs take place each October; one program seeks students interested in our School of Engineering and the other seeks students interested in our School of Arts & Sciences.

## > Special Admissions Policy **QuestBridge**

Tufts partners with QuestBridge, a national non-profit organization dedicated to connecting high-achieving, low-income high school students to leading universities. Tufts also has an active chapter of the Quest Scholars Network, which provides support and facilitates community for QuestBridge students on campus.

## > Scholarship & Financial Aid **Loan Replacement Policy/Financial Aid**

Tufts' Loan Replacement Policy replaces loans with scholarship grants for undergraduates whose annual family incomes fall below \$60,000. Tufts meets 100% of demonstrated need for all admitted students, regardless of citizenship status.

## > Summer Bridge & Orientation **Bridge to Liberal Arts Success at Tufts (BLAST) and Bridge to Engineering Success at Tufts (BEST)**

BLAST and BEST are two six-week residential summer bridge programs for a select group of incoming liberal arts and engineering students. The programs are designed to give selected students an opportunity to take two Tufts courses for credit while participating in academic and college life workshops that help first-year students make the transition to college.

## > Summer Bridge & Orientation **Building Engagement and Access for Students at Tufts (BEAST)**

BEAST is a free, four-day Pre-Orientation program that focuses on the unique social and cultural experiences specific to students who may be the first in their families to attend college, and for students seeking guidance on navigating financial and academic resources at Tufts.

## > Student Life & Support **FIRST Resource Center**

The FIRST Resource Center was founded to create an inclusive community of support and to develop a network of resources for Tufts University's first-generation, low-income, and undocumented populations. The Center works to provide the necessary financial knowledge, information about Tufts, and access to opportunities and resources for students to be successful during their time at the University.

## > First-Year Experience & Transition **Redefining the Image of Science and Engineering (RISE)**

RISE is an academic advising course designed to support first-generation, academically talented students pursuing degrees in science and engineering. RISE scholars receive advising and mentorship, and academic credit for participation in weekly seminars that focus on navigating college life, exposure to faculty research, and professional networking.

**Tufts University**  
**Medford, MA**  
**www.tufts.edu**  
**Private**  
**Suburban**

## Fast Facts

### STUDENT BODY

Undergraduate Students	5,492
Admit Rate	15%
Students Receiving Federal Pell Grant	12%

### RACE/ETHNICITY

White	56%
Asian	12%
Hispanic	7%
Black	4%
American Indian/Alaska Native	<1%
Native Hawaiian/Pacific Islander	<1%
International/non-resident	10%
Two or more races	5%
Unknown	6%

### TEST SCORES

SAT Evidence-Based Reading and Writing (EBRW)	690-760
SAT Math	720-790
ACT	32-35

### GRADUATION & RETENTION

Students Who Return After Their First Year	97%
Graduation Rate	93%

### MOST POPULAR ACADEMIC PROGRAMS

Social Sciences; Engineering; Biological and Biomedical Sciences; Visual and Performing Arts; Multi/Interdisciplinary Studies

### COSTS

Average Annual Cost	\$29,449
<b>By Family Income</b>	
\$0-\$30,000	\$6,629
\$30,001-\$48,000	\$13,734
\$48,001-\$75,000	\$20,510
\$75,001-\$110,000	\$27,185
\$110,001+	\$48,397

### Calculate Your Personal Net Price

<https://npc.collegeboard.org/student/app/tufts>

### FINANCIAL AID & DEBT

Students Receiving Federal Loans	32%
Typical Total Debt After Graduation	\$18,000
Typical Monthly Loan Payment /mo	\$186/mo
Students Paying Down Their Debt	91%

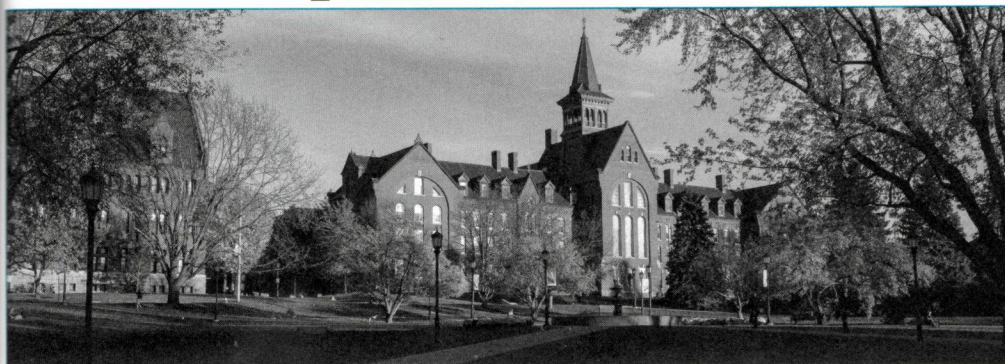
### EARNINGS AFTER SCHOOL

Percentage Earning Above High School Grad	83%
Salary After Attending	\$66,500

Data is from the U.S. Department of Education's College Scorecard (updated March 2018), unless the college has supplied more recent figures. For more details see page 43.



# University of Vermont



Since 1791, the University of Vermont has worked to move humankind forward. Today, UVM is a Public Ivy and top 100 research university. Here, students' educational experience and activities are enriched by our location—from the energy and innovation of Burlington to the forests, farms, and independent spirit of Vermont. UVM provides students endless ways to explore the world, challenge ideas, and dig in on the most pressing issues of our time. At this university, diversity and academic excellence are inseparable. We believe that we must be accessible and inclusive to all who can contribute to and excel at the institution, regardless of individuals' backgrounds and circumstances, including race, color, gender, gender identity and expression, sexual orientation, national and ethnic origin, socioeconomic status, cultural and geographic background, veteran's status, religious belief, age, disability, and other characteristics. Establishing a diverse and inclusive culture is a priority at the University of Vermont.

## > Pre-College Prep & Outreach Junior Jump Off and Three For All

Junior Jump Off is an overnight program at UVM for identified high-achieving high school juniors outside of Vermont, while Three For All is designed for high-achieving high school juniors in Vermont to explore UVM, St. Michael's College and Champlain College. The programs both include an academic overview, campus tour, dining on campus, and a faculty-led academic program.

## > Summer Bridge & Orientation Summer Enrichment Scholars Program (SESP)

The Summer Enrichment Scholars Program (SESP) is created by the Mosaic Center for Students of Color (MCSC) at the University of Vermont. The MCSC's mission is to increase the retention of students of color on campus by providing holistic support of their academic achievement, personal growth, identity formation, and cultural development.

## > Open House, Fly-in, Visit Discovering UVM

Discovering UVM is geared toward high school seniors from underrepresented groups, where students are assisted with their college search by exploring academic and extracurricular offerings at UVM. Students spend two days in our residence halls with a UVM student host, attend a class, and learn about the college application process.

## > Open House, Fly-in, Visit Joining the Circle

Joining the Circle is an intimate program geared toward traditionally underrepresented admitted students including first-generation college students and (African, Latino(a), Asian, and Native American), Multiracial and New American students, including their families. The program is designed to help admitted students and their parents decide if UVM is the right fit for them.

## > Mentoring Peer Mentoring Program

The Peer Mentoring Program is designed to assist in the social, personal, and academic acclimation to UVM by pairing incoming first-year students with outstanding sophomore, junior, senior and graduate students who act as mentors throughout the academic year.

## > Scholarship & Financial Aid Catamount Commitment

The Commitment also offers academic and personal support to help involved students get all that they can out of UVM and graduate on time. This support comes in the form of a mentoring program, early academic advising sessions designed for Commitment students, and ongoing programming focusing on the transition to college, success on campus and the college-career pathway.

**University of Vermont**  
Burlington, VT  
www.uvm.edu  
Public  
City

## Fast Facts

### STUDENT BODY

Undergraduate Students	10,513
Admit Rate	67%
Students Receiving Federal Pell Grant	19%

### RACE/ETHNICITY

White	81%
Asian	3%
Hispanic	4%
Black	1%
American Indian/Alaska Native	<1%
Native Hawaiian/Pacific Islander	<1%
International/non-resident	6%
Two or more races	3%
Unknown	2%

### TEST SCORES

SAT Evidence-Based Reading and Writing (EBRW)	600-680
SAT Math	580-670
ACT	25-30

### GRADUATION & RETENTION

Students Who Return After Their First Year	86%
Graduation Rate	76%

### MOST POPULAR ACADEMIC PROGRAMS

Social Sciences; Business, Management, Marketing, and Related Support Services; Biological and Biomedical Sciences; Natural Resources and Conservation; Health Professions and Related Programs

### COSTS

Average Annual Cost	\$17,414
<b>By Family Income</b>	
\$0-\$30,000	\$11,348
\$30,001-\$48,000	\$12,687
\$48,001-\$75,000	\$14,907
\$75,001-\$110,000	\$19,716
\$110,001+	\$24,105

### Calculate Your Personal Net Price

<https://tcc.noellevitz.com/University%20of%20Vermont/Freshman-Students>

### FINANCIAL AID & DEBT

Students Receiving Federal Loans	44%
Typical Total Debt After Graduation	\$22,300
Typical Monthly Loan Payment /mo	\$231/mo
Students Paying Down Their Debt	83%

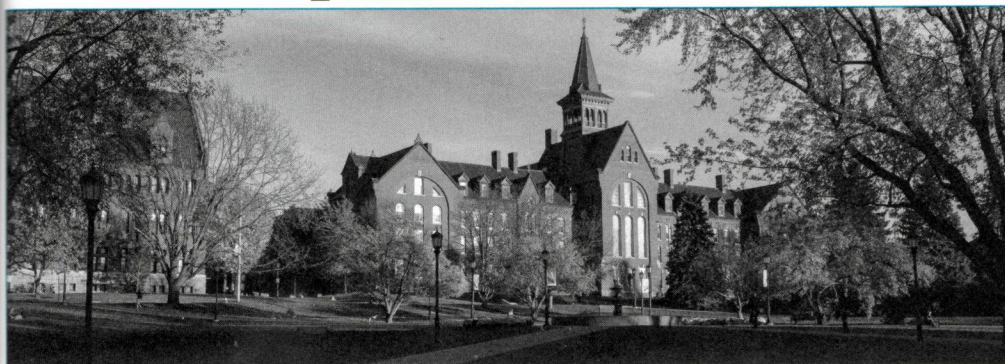
### EARNINGS AFTER SCHOOL

Percentage Earning Above High School Grad	70%
Salary After Attending	\$45,200

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– Harriet Tubman