

OnTrack's How-To Video URL for Students

<https://goo.gl/wbZJ7T>

OnTrack's URL

<http://ontrackpse.com/>



OnTrack to Post Secondary Education



Learn what it takes to succeed

A resource to support effective post-secondary education planning

HOW IT WORKS 

SIGN UP

BROUGHT TO YOU BY:



*Click 1 of
the 2
“SIGN UP”
buttons*

Sign up for OnTrack!

Account Type

Student ▼

School

Upward Bound at Johnson State College ▼

Counselor

Johnson State Counselor ▼

Select

Johnson State Counselor

Sheila Jones

Sarah Miller

Matthew Mitchell

Cheryl Poulin

Amy Turner

Lan Ullrich

Allison Witherspoon

First Name Last Name

4. Email and Password

sonja.bracey@vttrio.org

☒ I have read and agreed to the [Terms of Use](#) and [Privacy Policy](#)

SIGN UP

- Account Type = Student
- School = Upward Bound at Johnson State College
- Counselor = Your ISC
- Access Code = UBJSC
- Email = Your vttrio.org account, this will be your User Name for OnTrack
- *Check Terms & Click "SIGN UP"*

Student Profile

What Are Your Post-High School Goals?

Graduate from a four year university

Birth Date

Jun

14

2002

Race or Ethnicity

Multi-racial

Grade

10th Grade (Sophomore)

GPA

4.0

Gender

Female



Post-High
School
Goals?

Birthday

Race or
Ethnicity

Your
Current
Grade

Approximate
GPA or
Target GPA

Gender
Identity

Earn a 2, 4
or 4+ Year
Degree

* 1. First and Last Name

* 2. OnTrack School/Organization

* 3. Before using OnTrack this year, rate your knowledge level in these areas:

1 - No knowledge

2

3

4

5 - Very knowledgeable

Life as a college student
(living alone, time
management, etc.)☐☐☐☐☐The college application
process☐☐☐☐☐How to make your
applications stand out
among other applicants☐☐☐☐☐

Filling out the FAFSA

☐☐☐☐☐How to cover college costs
(scholarships, grants, and
work study)☐☐☐☐☐

Financial aid award letters

☐☐☐☐☐

Loan options

☐☐☐☐☐Selecting the major/career
path that is right for you☐☐☐☐☐

Done

- Short Survey Required ONCE
- OnTrack School/Organization = Upward Bound at Johnson State College
- Answer the 6 Questions, then *Click* “Done”



10th Grade (Sophomore)

This year you will learn all about what it takes to get through high school and be successful. You will also get a head start in getting yourself prepared for college and know what type of students colleges like to accept.

Your progress so far:



The Progress Bar...

- Will reflect the modules/videos for the grade level you indicated when you signed up
- Will update as you watch modules/videos; each box will turn green - after answering 2 post module questions
- Hover over boxes to see video names

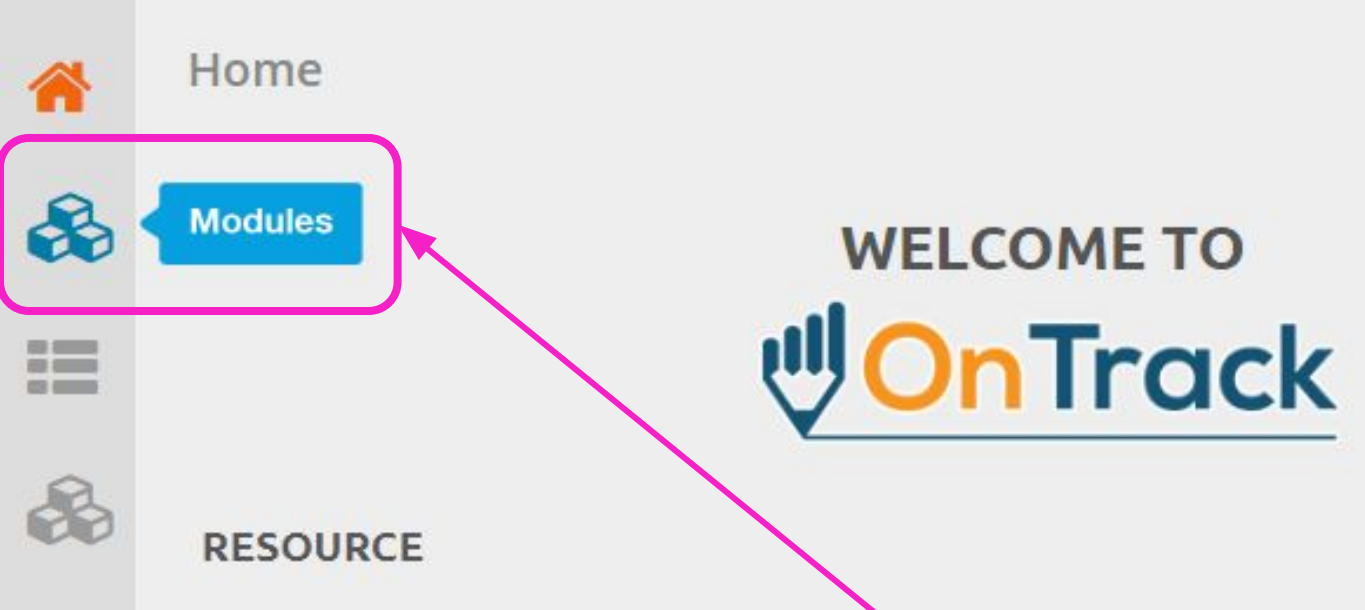
Status Key

Complete



Incomplete





To begin watching videos:

- Click on "Modules" on the menu bar at the left of the screen - the top/first grouping of 3 blocks

The screenshot shows the 'Module Library' interface. On the left, there are navigation icons for home, modules, and a menu. The main area displays four module cards: 10.1 Introduction to 10th Grade, 10.2 You Get It, 10.3 Test Taking, and 10.4 Tips for Researching. Each card has a 'High School' button. A pink box highlights the first three cards. A blue oval callout points to the 'High School' button on the first card, stating: '2. Category Button will filter videos by category'. Another blue oval callout points to the first card, stating: '1. Click Anywhere within Module Box EXCEPT Category Button'. On the right, there is a sidebar with a search bar and a 'Topics' dropdown menu. The 'Topics' menu is open, showing a list of topics: All topics, Career Planning, College Planning, Extracurriculars, Financial Aid, Financial Literacy, High School, Study Skills, and Social/Emotional Learning. Each topic has a corresponding colored square icon.

Module Library

10.1 Introduction to 10th Grade

An overview of the main module topics for this year and a brief overview of the functions of the OnTrack platform. When you finish watching it, make sure to hit the right arrow to answer the questions you have for this module. You'll need to answer two questions for each module to stay on-track.

High School

10.2 You Get It

10.3 Test Taking

A discussion of how to get better at taking tests and getting good grades on them.

Study Skills

10.4 Tips for Researching

A discussion of how you can go about doing research for papers and projects you have in high school.

Study Skills

1. Click Anywhere within Module Box EXCEPT Category Button

2. Category Button will filter videos by category

Search

Topics

All topics

Career Planning

College Planning

Extracurriculars

Financial Aid

Financial Literacy

High School

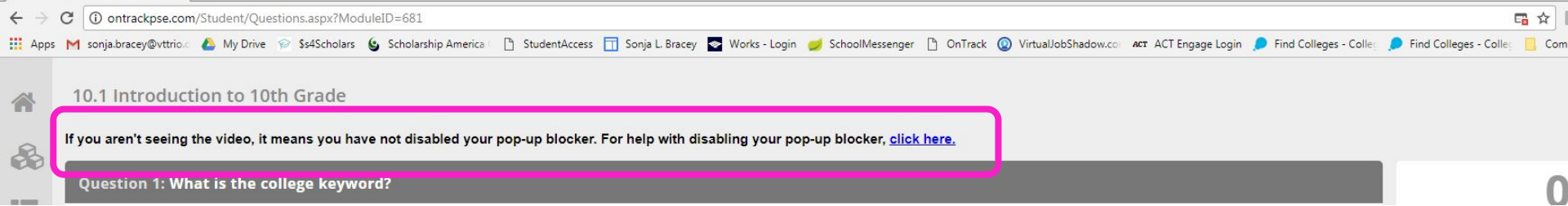
Study Skills

Social/Emotional Learning

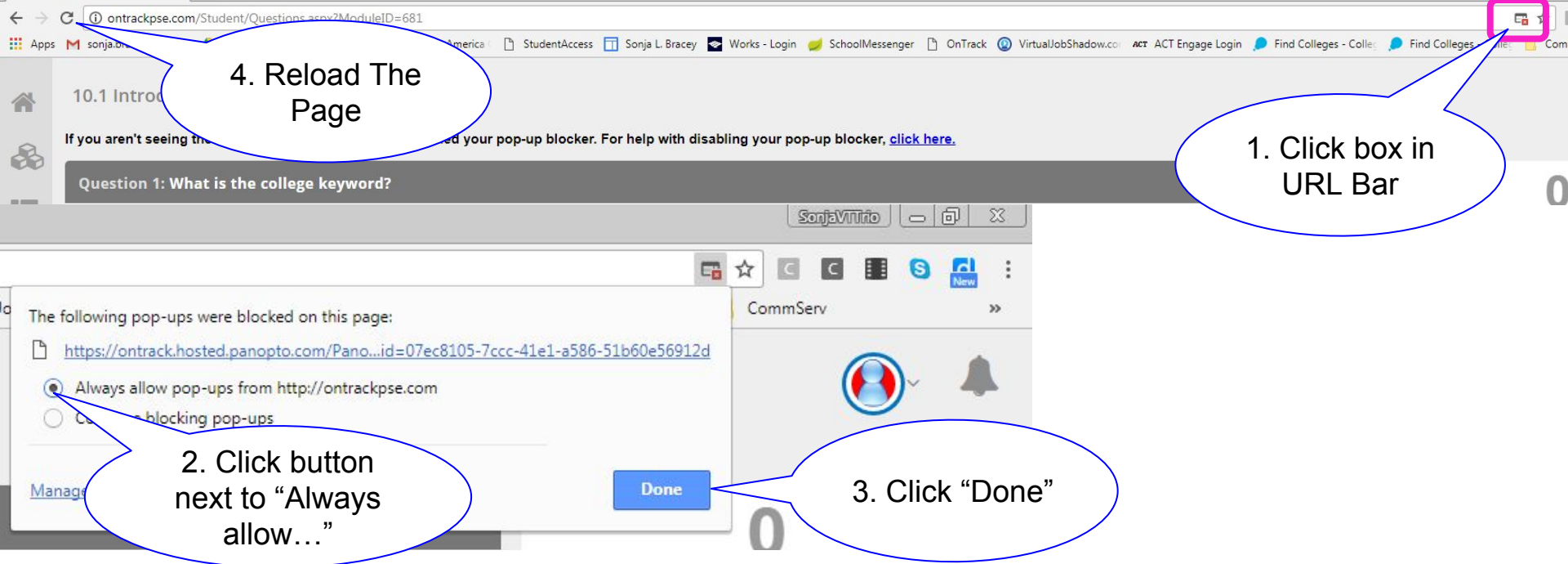
The first four videos will appear

1. To play a video *Click ANYWHERE EXCEPT* the Category Button

2. The Category Button will only filter videos by that category



- If you do not see a video, disable your pop-up blocker
- You can view a How To document by clicking the blue "click here" link after "For help with disabling your pop-up blocker, " or read on in this document



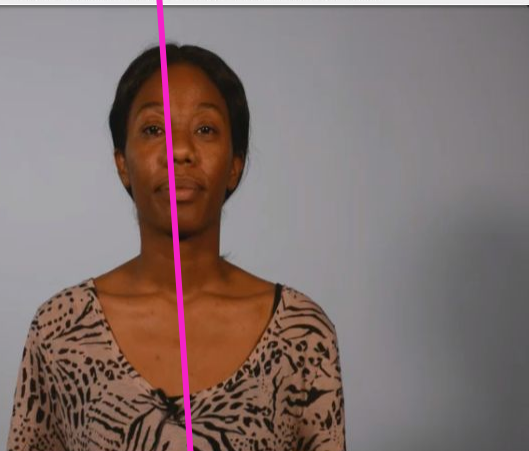
In the far right end of the URL bar, there is a box with a red "x" on it

1. Click on that icon in the far right end of URL bar

2. Click the circular button next to "Always allow..."

3. Click the "Done" button


4. Click the "Reload page" button to the left of the URL bar



Search this recording


Contents Tania takes you through what you'll be learning this year and why these topics are important.

Your grade-specific video will load in a new browser tab & automatically play



Introduction to the 10th Grade

Brought to you by



**UNCOMMON
INDIVIDUAL
FOUNDATION**

3:25 1x Speed Quality

Brought to you by



**UNCOMMON
INDIVIDUAL
EDUCATION**

1. Play or
Pause

2. Rewind
10 seconds

3. Manually
move to video
section

4. Mute &
Volume
Control

5.
Change
playback
speed



VIDEO PLAYER CONTROLS:


1. Toggle between playback and pause
2. Rewind 10 seconds
3. Manually move to a section of video by sliding button
4. Mute and Volume Control
5. Change the playback speed



Search this recording

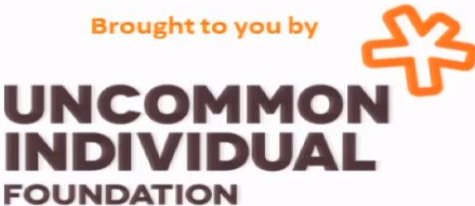
Contents Tania takes you through what you'll be learning this year and why these topics are important.

When your video is done,
Click on the OnTrack
browser tab



Introduction to the 10th Grade

Brought to you by



UNCOMMON
INDIVIDUAL
FOUNDATION

0:00 1x Speed Quality

OnTrack x Introduction to 10th Grade x

ontrackpse.com/Student/Questions.aspx?ModuleID=681

10.1 Introduction to 10th Grade

If you aren't seeing the video, it means you have not disabled your pop-up blocker. For help with disabling your pop-up blocker, [click here](#).

Question 1: What is the college keyword?

A. University of Connecticut

B. Yale University

C. Wesleyan University

D. Quinnipiac University

1. Click A, B, C or D

2. Click "Submit Answer"

Submit Answer

0 Correct

You need to answer 2 questions correctly to pass this quiz

After you've watched a video & returned to the OnTrack Video Module tab

1. Answer Question 1 by *Clicking* the button for A, B, C or D

2. Click "Submit Answer" button - The next questions will load

Question 2 : Which of these topics will we cover this year in OnTrack?

A. Post-secondary options

B. High school study skills

C. Career Exploration

D. All of the above

From the Question 2 screen

1. Answer Question 2 by *Clicking* the button for A, B, C or D
2. Click "Submit Answer" button

Module Library

1. Click Anywhere within the next Module Box EXCEPT Category Button

10.1

10.2

You Get the Grades You Deserve

If you don't put in the work, you likely won't get the grades you're hoping for.

10.3

Test Taking

A discussion of how to get better at taking tests and getting good grades on them.

10.4

Tips for Researching

A discussion of how you can go about doing research for papers and projects you have in high school.

Search

Topics

All topics

Career Planning

College Planning

Extracurriculars

Financial Aid

Financial Literacy

High School

Study Skills

Social/Emotional Learning

If you answer the questions correctly you will return to the Video Module Library screen

1. Click on the next video module box to view the next video



A. La Salle University

B. Temple University

C. Haverford College

D. Bryn Mawr College



A B C D

Incorrect Answer. Try again after five minutes



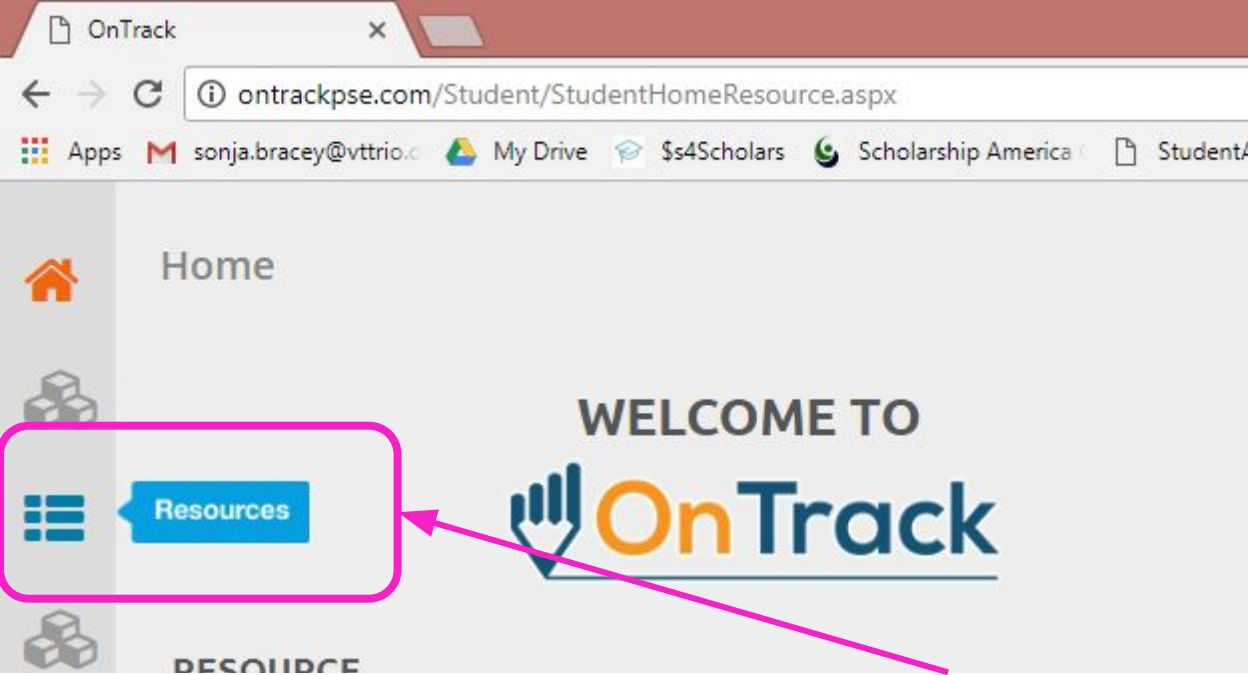
A B C D

There must be a time interval of atleast five minutes between every submission

If you answer the questions
*INC*orrectly you will have to wait
5 minutes to enter another
answer.

HINT:

Watch the entire video instead
of skipping to the answers - it
will save you time!

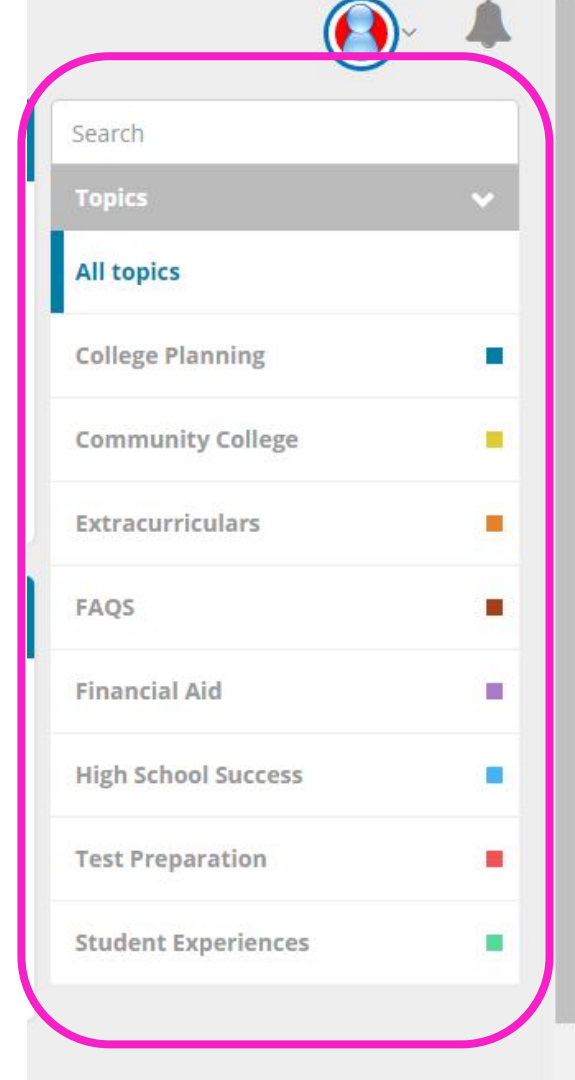


Resource Library:

- Click on "Resources" button on the menu bar at the left of the screen - three dashed lines

Resource Library Categories:

College Planning
Community College
Extracurriculars
FAQs
Financial Aid
High School Success
Test Preparation
Student Experiences



The screenshot shows the 'Resource Library' interface. On the left, there are navigation icons: a home icon, a cube icon, a list icon, and another cube icon. The main content area displays two module boxes. The first box, titled '1 Adjusting to a College with a Different Demographic', includes a green 'Student Experiences' button. The second box, titled '3 Applying for PHEAA', includes a purple 'Financial Aid' button. A blue speech bubble points to the first box with the text '1. Click anywhere in the module block to play a resource video'. Another blue speech bubble points to the 'Financial Aid' button with the text '2. Click the Category Button to group'. On the right, a sidebar menu is highlighted with a pink border. It contains a search bar, a 'Topics' dropdown, and a list of categories: 'All topics', 'College Planning', 'Community College', 'Extracurriculars', 'FAQS', 'Financial Aid', 'High School Success', 'Test Preparation', and 'Student Experiences'. Each category has a small colored square next to it.

Resource Library

1

Adjusting to a College with a Different Demographic

Chaitalee gives us tips on how to help you adjust to a place with a different demographic makeup than you may be used to.

Student Experiences

1. Click anywhere in the module block to play a resource video

3

Applying for PHEAA

If you're a PA resident, make sure you understand the requirements for PHEAA.

Financial Aid

2. Click the Category Button to group

Topics

All topics

College Planning

Community College

Extracurriculars

FAQS

Financial Aid

High School Success

Test Preparation

Student Experiences

Resource Library:

1. Click on a module box to play a resource video
2. Click on the Category Button or use the Category Menu to group videos by categories



More Resources:

Each grade level will have access to the previous grade's modules

- Click on the second 3 blocks icon on the menu bar at the left of the screen - "9th Grade" in example, to access more modules

The screenshot shows the OnTrack Home interface. At the top left is a 'Home' link. The main header says 'WELCOME TO OnTrack' with a hand icon. Below this is a 'RESOURCE' section for '10th Grade (Sophomore)' with a progress bar. On the right is a sidebar with 'Home', 'Profile', and 'Notifications' links, and a 'Status Key' table. A pink box highlights the 'MENTOR' button, with a pink arrow pointing to it from the text below.

Home

WELCOME TO
OnTrack

RESOURCE

10th Grade (Sophomore)

This year you will learn all about what it takes to get through high school and be successful. You will also get a head start in getting yourself prepared for college and know what type of students colleges like to accept.

Your progress so far:

MENTOR

Home

Profile

Notifications

Status Key

Complete	<input checked="" type="checkbox"/>
Incomplete	<input type="checkbox"/>

Add a Mentor to Your Account (add up to 3):

A mentor will have access to your account to help with your progression

- From the Home Screen, *Click* the "Mentor" Button

The screenshot shows a web interface for inviting a mentor. On the left is a sidebar with icons for home, a cube, a list, and another cube. The main header is 'Mentor Info'. Below it is a section titled 'Invite Mentor' with a dropdown arrow. The form contains three input fields: 'First Name' with the value 'Sonja', 'Last Name' with the value 'Bracey', and 'Email Address' with the value 'private.email@address.com'. At the bottom right are two buttons: 'Send Request' and 'Cancel'. Three blue callout bubbles with black text provide instructions: 1. 'Enter The First & Last Name of your mentor' (pointing to the first and last name fields), 2. 'Enter your mentor's email address' (pointing to the email field), and 3. 'Click "Send Request"' (pointing to the 'Send Request' button).

Mentor Info

▼ Invite Mentor

First Name
Last Name
Email Address

Sonja
Bracey
private.email@address.com

Send Request Cancel

1. Enter The First & Last Name of your mentor

2. Enter your mentor's email address

3. Click "Send Request"

1. Enter the First Name of your mentor, then Enter your mentor's Last Name
2. Enter your mentor's email address
3. Click the "Send Request" button to email a request to your mentor with a link to On Track



Mentor Info

"


private.email@address.com

" is not an OnTrack member. Send an invitation to Sign-Up?

Yes

No

1. If your mentor is not an OnTrack member they need an invitation sent to them
2. Click "Yes" to send an invitation to your mentor's email address



Mentor Info

Your invitation mail has been sent to I private.email@address.com

▸ Invite Mentor

▾ Pending Requests

Mentor Request Sent to	First Name	Last Name	Delete
private.email@address.com	Sonja	Bracey	Delete Request

1. Monitor and manage your pending requests from the "Pending Requests" drop down

OnTrack Invitation



✉ ontrack@uif.org

To private.email@address.com

Hello Sonja Bracey,

You have been invited by Sophomore Test. to be a mentor as they go through to OnTrack to Post-Secondary Education program. This is a college access program that is designed to help students navigate high school, find the right post-high school option, and figure out how to pay for it.

The program is all online and to sign up as a mentor for this student, go to this link: <http://ontrackpse.com/Account/SignUp.aspx?Mentor=Yes&UName=I>. Once you're there, select **Mentor** from the drop-down menu and fill out the rest of the information to get to your Mentor page.

If you want more information about how to use the site, here is a site walkthrough by Tania Neptune, the Assistant Director of College Readiness for OnTrackPSE: <https://ontrack.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=d9d2d979-0d67-4578-9a15-ecde4d3d2a5b>

If you have any other questions for us, you can reach us at questions@uif.org

Thank you for being a mentor!

-The OnTrackPSE Team.

Your
mentor
will
receive an
email,
"OnTrack
Invitation"
that will
walk them
through
signing up
to be a
mentor



Have Fun Staying OnTrack!