

# UPWARD BOUND

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JUNIOR SATURDAY COLLEGE WORKSHOP, 1/28/2017



# JUNIOR YEAR COLLEGE TESTING - PSAT & SAT

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1. Please make sure UB has a copy of your PSAT on file now.
2. Link your PSAT to Khan Academy Account for Personalized Practice help
3. Please make sure you are registering for the SAT this spring (March 11 or May 6)



# LINKING KHAN ACADEMY AND COLLEGE BOARD STUDENT ACCOUNTS

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<https://youtu.be/xQBTu3LH9ts>

<https://www.youtube.com/watch?v=QlkCoQoZ2IU>

# WHY LINK KHAN ACADEMY AND COLLEGE BOARD ACCOUNTS?

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- ▶ You will be able to link your College Board and Khan Academy accounts in early January 2017 when you get your PSAT/NMSQT results.
- ▶ Linking your accounts will further personalize your practice: the practice recommendations on Khan Academy will be based on your PSAT/NMSQT results
- ▶ All future scores from the SAT, PSAT/NMSQT, PSAT 10 and PSAT 8/9 will also be sent to help customize your practice and recommendations on Khan Academy.
- ▶ You will be able to jump right into practice without having to take any additional diagnostic quizzes or practice tests to get personalized recommendations.

*Please note that you can terminate your account linking at any time.*

# STEPS TO LINK YOUR COLLEGE BOARD AND KHAN ACADEMY ACCOUNTS

## Step 1

Log in to or create your Khan Academy account at **satpractice.org**

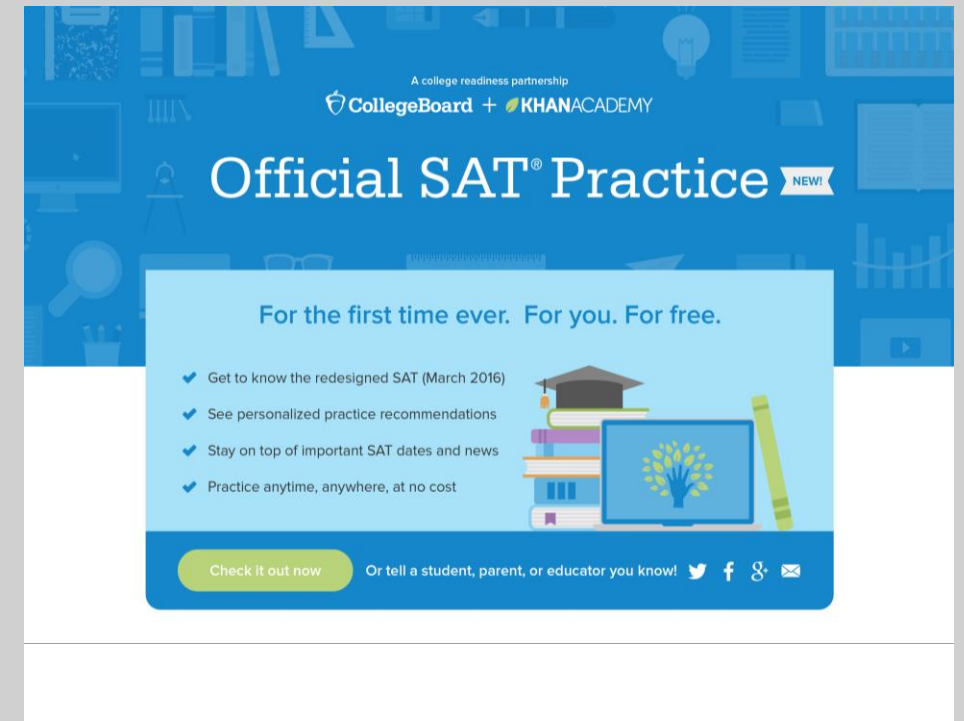
## Step 2

When prompted, agree to link your Khan Academy and College Board accounts.

## Step 3

Sign in or create your College Board Account and hit “Send” to send your scores.

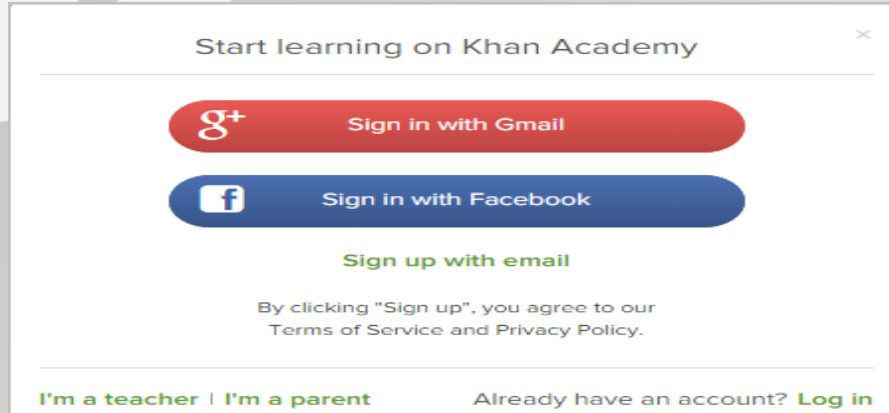
**Sign up. Link up. Get practicing.**





# STEP 1: CREATE A KHAN ACADEMY ACCOUNT

## ► Log in to or create your Khan Academy account



Start learning on Khan Academy

Sign in with Gmail

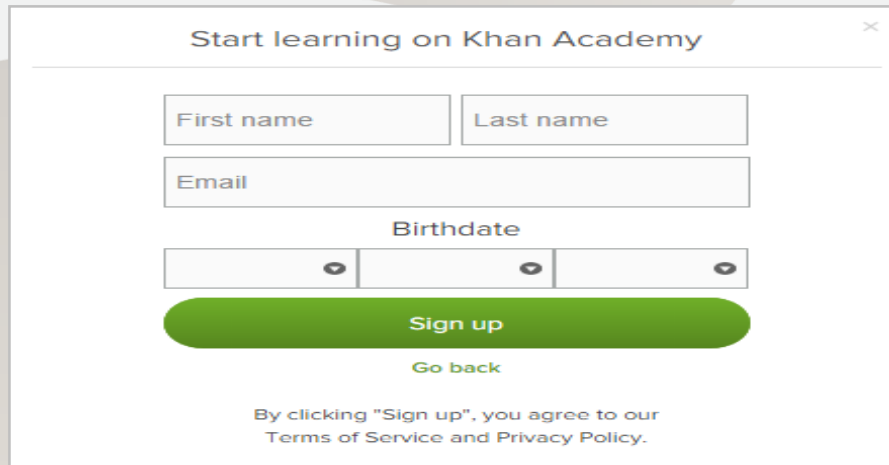
Sign in with Facebook

Sign up with email

By clicking "Sign up", you agree to our Terms of Service and Privacy Policy.

I'm a teacher | I'm a parent

Already have an account? [Log in](#)



Start learning on Khan Academy

First name

Last name

Email

Birthdate

Sign up

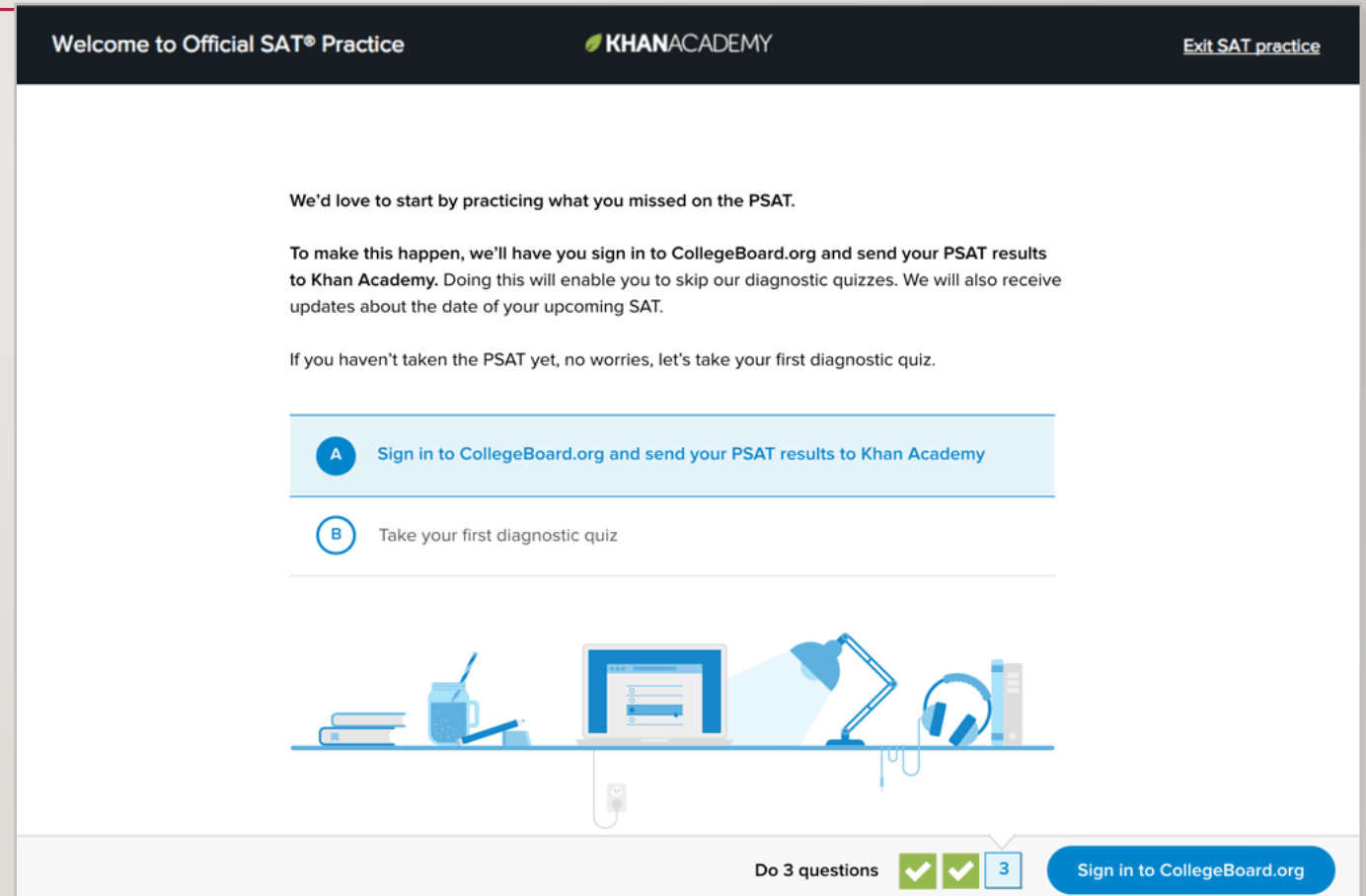
Go back

By clicking "Sign up", you agree to our Terms of Service and Privacy Policy.

- Go to [satpractice.org](https://satpractice.org)
- Click green button labeled "Check it out now"
- Sign in with Gmail, Facebook, or click "Sign up with email"
  - If you click Sign in with Gmail or Facebook, enter in your username and password for either these accounts and you are signed in
- If you click "Sign up with email" Enter in First Name/Last name/Email/Birthdate and click "Sign Up"
  - An email will be sent to your account to verify; sign in to your email
  - Open email from Khan Academy accounts and click on the "Finish Signing Up" button
  - A welcome screen will appear where you will enter username and password and click "Sign Up"

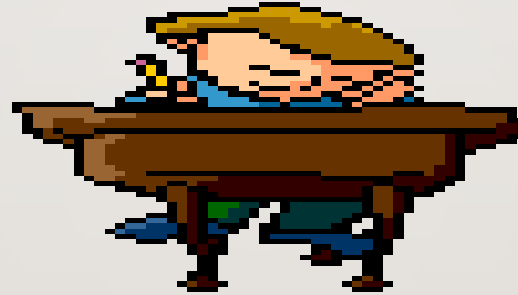
# STEP 2: BEGIN TO LINK YOUR KHAN ACADEMY ACCOUNT TO COLLEGE BOARD

- ▶ You have logged into Khan Academy for the first time and will be asked if you would like to send PSAT results
- ▶ If you already have a Khan Academy account, a prompt will appear asking if you want to send your PSAT results to Khan Academy
- ▶ After choosing that option, you will be directed to [collegeboard.org](https://collegeboard.org)



# QUESTIONS - ARE YOU COMMITTED TO GOAL OF ATTENDING COLLEGE? WHY COLLEGE?

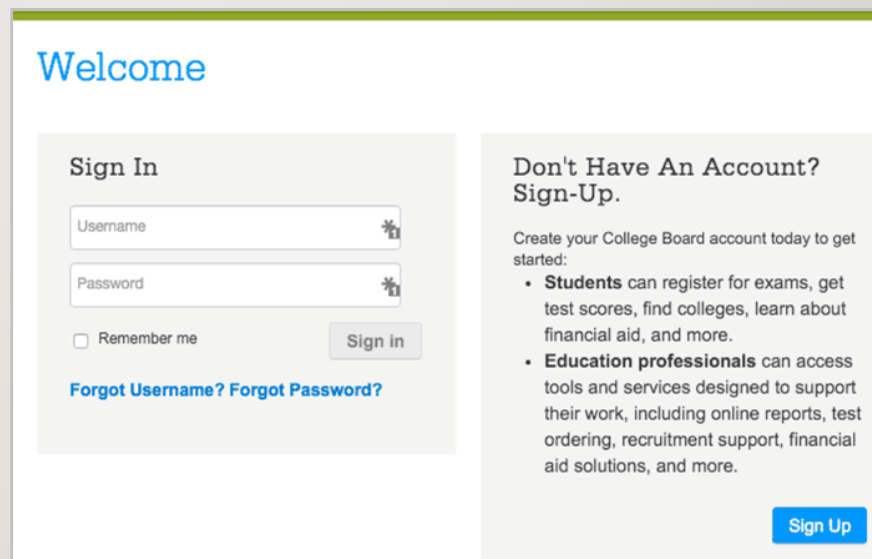
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# STEP 3: CREATE A COLLEGE BOARD ACCOUNT

- ▶ Sign in to your College Board account; if you do not have a College Board account, click 'Sign Up' to create one.
- ▶ The steps for creating a College Board account are:
  - ▶ Click on the “Sign up” blue box
  - ▶ Fill in the fields to create your student account ensuring all information is correct
  - ▶ Click “Next” at the bottom when all fields are completed
  - ▶ You are now Signed In



The screenshot shows the College Board login and sign-up interface. On the left, under the heading "Welcome", is a "Sign In" section with input fields for "Username" and "Password", a "Remember me" checkbox, a "Sign in" button, and links for "Forgot Username?" and "Forgot Password?". On the right, under the heading "Don't Have An Account? Sign-Up.", is a section encouraging users to create an account today to get started. It lists benefits for "Students" (register for exams, get test scores, find colleges, learn about financial aid, and more) and "Education professionals" (access tools and services designed to support their work, including online reports, test ordering, recruitment support, financial aid solutions, and more). A blue "Sign Up" button is located at the bottom right of this section.

*Please note that students under 13 cannot create a College Board Account.*

# STEP 3: AND HIT SEND TO LINK ACCOUNTS


- ▶ After successfully logging in to your College Board account, you will be asked for permission to link your accounts.
- ▶ After clicking “Send” you will be redirected to SAT practice on the Khan Academy site.
- ▶ You can remove the link at any time, by clicking on “Revoke” which is found in College Board account settings.

Request for Approval

Khan Academy is requesting permission for the following:

☒ Press “Send” below to give College Board permission to send your test results to Khan Academy so that Khan Academy can personalize your practice recommendations based on how you did. And once you’re registered for the SAT, College Board will also send Khan Academy your upcoming test date so they can update your practice schedule. You can remove permission at any time.

Logged in as SOA1693

 CollegeBoard

Don't Send

Send

Revoke Permission

Are you sure that you want to stop sharing item-level data about your performance and dates of SAT tests for which you are registered with Khan Academy?

Cancel

Revoke

# NOW START PRACTICING ON KHAN ACADEMY WITH PERSONALIZED RECOMMENDATIONS

- ▶ You can start your practice in either Math or Evidence Based Reading & Writing.
- ▶ The recommendations are based on how you did on the PSAT/NMSQT or PSAT 8/9.
- ▶ Keep practicing – with each additional problem and activity the personalization gets stronger and gets you closer to your goal score on the SAT, PSAT/NMSQT, PSAT 10, or PSAT 8/9.

The screenshot shows the Khan Academy dashboard for SAT practice. At the top, there's a navigation bar with 'Khan Academy', 'Subjects', 'Coach', a search bar, 'Home', a notification bell, and a user profile. Below this is a secondary bar with 'Official SAT® Practice', 'Dashboard' (highlighted), 'Practice', 'Tips and Planning', 'Full Exams', and 'In partnership with CollegeBoard'. The main content area has a blue header with the text 'TODAY'S GOAL Practice your skills' and a prompt to 'Choose the area you'd like to focus on for improvement today.' Below this are two buttons: 'Practice Reading & Writing' and 'Practice Math'. The dashboard also features an 'Exam scores' section with a table showing scores for the PSAT/NMSQT Fall 2015, and a 'Current skill levels' section showing progress for Math and Reading & Writing. A 'Frequently asked questions' section is at the bottom.

EXAM	TOTAL	MATH	R & W
<a href="#">PSAT/NMSQT Fall 2015®</a>	1080	500	580

## College and Career Readiness Defined

*A college and career ready student possesses the content knowledge, strategies, skills, and techniques necessary to be successful in any of a range of postsecondary settings.*

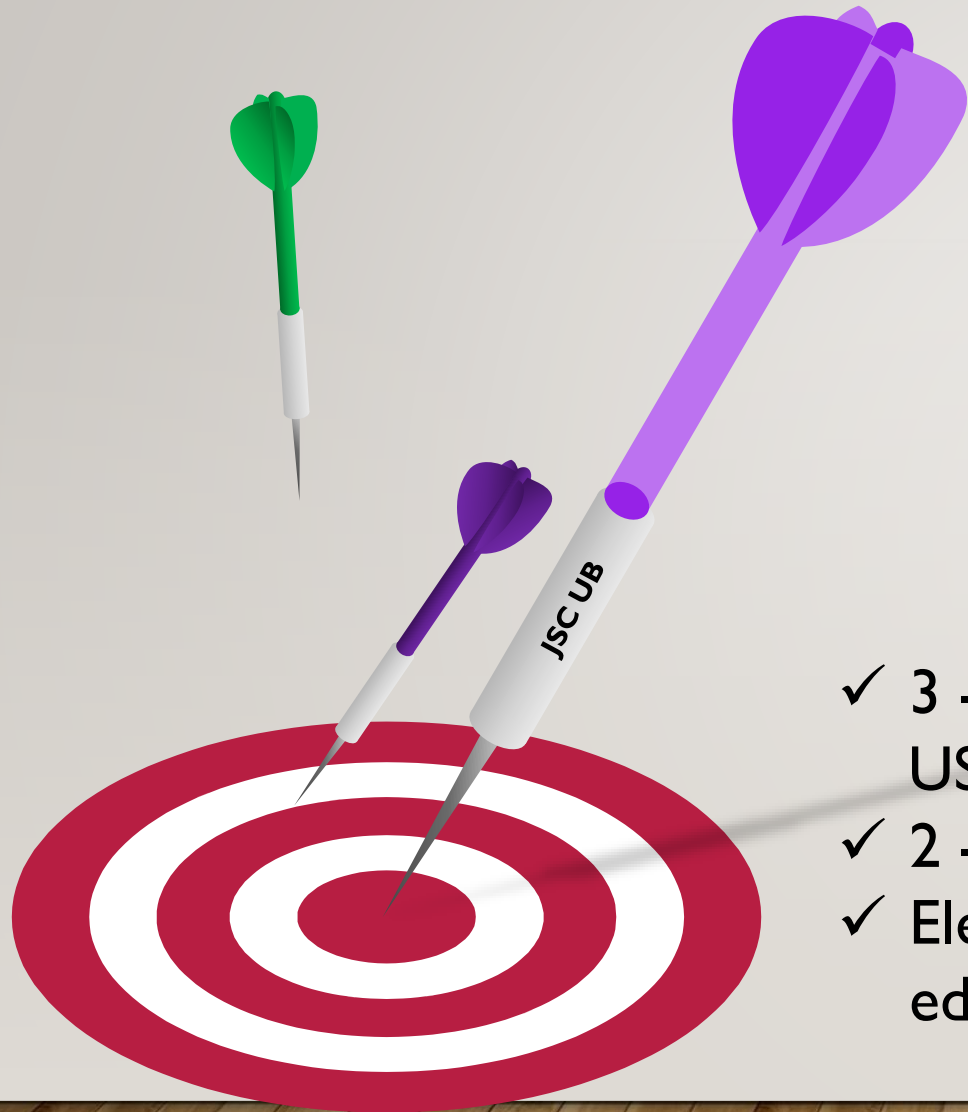
*Success is defined as the ability to complete entry-level courses at a level of performance that is sufficient to enable students to continue to the next courses in their chosen field of study.*

*Not every student needs exactly the same knowledge and skills to be college and career ready. A student's college and career interests help identify the precise knowledge and skills the student will need.*





# COLLEGE PREPARATORY HIGH SCHOOL COURSEWORK



- ✓ 4 Years of English
- ✓ 3 - 4 Years of Math  
Algebra, Geometry, Trigonometry, Pre-calculus, Calculus
- ✓ 2 - 4 Years of Science  
Biology, Chemistry, Physics

- ✓ 3 - 4 Years of Social Studies  
US/World History, Government, Economics, Geography
- ✓ 2 - 4 Years of the same Foreign Language
- ✓ Electives in art, music, computer science, physical education, technical education

# Types of Colleges

Four-year public and private colleges and universities

- Bachelor's/Associates degrees

Two-year public and private junior and community colleges

- Associate's degrees

Technical/vocational/trade schools

- Certificate, and/or license

Technical Colleges

- Certificate, license, and on-the-job experience

\* For Profit vs. Non Profit Schools



# COLLEGE APPLICATION – 5 MAJOR COMPONENTS



# Your College Search

## Gathering Information and Resources

### High School

Guidance Office  
and Counselors

Teachers/Letter of  
Recommendations

High School  
College Visits

Personal Learning  
Plans

### Upward Bound

UB Staff

UB Assignments

Summer Programs

College Tours

Resume Building

SAT Prep

### High School

VSAC Paying for  
College

Application  
Support

Scholarship  
Opportunities

College Testing

### Upward Bound

College and Career  
Research

Internships

Financial Aid  
Workshops

Dollars for  
Scholars

Fee Waivers

**Think critically about your passions, interests, and future goals now!**



# STEPS TO A SUCCESSFUL COLLEGE SEARCH PROCESS



# ASKING THE RIGHT QUESTIONS

Small or large?

Weather?

Cost?

Retention and graduation  
rate?

Athletics and  
activities?

School with specific major or  
school with lots of variety?

Urban, suburban,  
rural?

Two year or four year?

Diversity?

# DO THE WORK NOW TO TARGET THE RIGHT COLLEGE CHOICES FOR YOU!



1. Your college search process should start with you taking the time to ***clearly reflect and define your passions, interests, and reasons*** you plan on attending college.
2. Students who think first about ***who they are*** and ***what they want*** are significantly more likely to choose a college that fits them.
3. Finding and attending a college that presents a good fit to meet your goals and personality ***significantly increase your chances of successfully graduating from college.***

# What are you Looking for in a College?

Quality of Major/Curriculum — Do you know exactly what you want to major in? Do you have a specific career goal in mind?

Academic Facilities — How modern are the campus facilities?

Academic Challenge — Do I want to be pushed or just party?

Admissibility — What are the admission standards to attend?

Size — Major University or Small College?

Location — In state or out of state?

Employment Rates — What % of graduates find meaningful employment after graduation?

Campus Safety & Security — Does the college provide information on crime rates and provide a safe environment in which to learn?





# WHAT IS A COLLEGE LOOKING FOR IN YOU

- Overall Academic Quality of Your High School Transcript
- Your Cumulative Class Rank & GPA
- 2015 VT SAT Scores (523) Math , (524) Reading & (524) Writing = 1554
- Excellent Counselor/Teacher Recommendations
- Extracurricular Activities -- such as Upward Bound!
- Upward Trend in Grades throughout your High School Career
- Interesting & Well Written Essay
- Community Service & Extracurricular Activity Resume



# Admission Decisions

## Academic Record

- **Level of courses completed**
- **Grades in academic courses**
- **HS GPA or Class Rank**

## Test Scores

- **ACT or SAT, maybe SAT II's** - check with individual college to determine requirements.

## Student Activities and Employment

- **How is time spent outside the classroom?**
- **Clubs, community service**
- **Commitments and responsibilities.**

## Essay(s)

- **Topics may or may not relate to academic or career interests/goals.**
- **Should be descriptive and specific to the student as an individual.**

## Letters of Recommendation

- **Additional insight about the student from an advocate's perspective (teacher, counselor, mentor, employer, organization advisor or sponsor, etc.)**

# PLAN OF ACTION – JUNIOR YEAR



## Winter /Spring TO DO LIST

- Take rigorous classes
- Apply myself in these classes
- Complete UB assignments
- Take the SAT this spring
- Send my SAT scores to UB office
- Prepare for summer program
- Request VT dual enrollment voucher
- Write summer essay goals
- Make arrangements with work to attend Saturday meetings and summer program!